



Cost of living support



Some of the services available in our community to assist if you are struggling right now:

→ **Citizen Advice BCP**

For Household Support Fund vouchers and help and advice on a range of topics call **0808 2787 939** or complete an online form at **bcpcouncil.gov.uk/hsf** – or visit one of the drop-in or outreach sessions or Community Advice Vehicle **citizensadvicebcp.org.uk**

→ **Family Information Service**

Help with a range of matters relating to family life. If you're a parent, grandparent or carer and have a question, we are here to help. For Households with children – call **01202 093131** or visit **bcpcouncil.gov.uk/fid**

→ For **financial advice** and **support**

If you are worried about money visit **worryingaboutmoney.co.uk/bcp**



**Together
We Can**



bcpcouncil.gov.uk/costofliving

BCP access to food map

Community food support available in BCP

bcpcouncil.gov.uk/accesstofoodmap

- ✓ Community meals ✓ Community Fridges
- ✓ Social Supermarkets and Pantries ✓ Foodbank
- ✓ Cooking courses and other workshops

Keeping warm and energy support

- ➔ Energy advice home visits with free energy saving measures (draughtproof, lightbulbs etc)
- ➔ Support with repairing or replacing boilers for owner occupiers
- ➔ Support with replacement or new appliances for all tenures

Call **01202 612726** or email **info@ridgewaterenergy.co.uk**
bcpcouncil.gov.uk/localenergyadvicepartnership

Dorset & Wilts Fire and Rescue Service

Free Safe & Well advice, which can include a home visit and the provision of smoke and carbon monoxide detectors.

Please call **FREE** on **0800 038 2323** or visit

dwfire.org.uk/safe-and-well-visits

For advice and tips on how to keep warm safely to avoid fire hazards and risks visit **dwfire.org.uk/safety/save-safely/**

Warm welcome spaces – venues across Bournemouth, Christchurch and Poole that you can visit to keep warm and feel welcomed, meet others, join activities and get a warm drink or meal **bcpcouncil.gov.uk/warmwelcomespaces**

bcpcouncil.gov.uk/costofliving _____

